



See our Specials board in the Restaurant for more homemade meals.

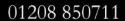
SANDWICHES

		Rindless Back Bacon & Brie 1, 2, 3, 4, 5, 6, 7, 8	£10.50
BAPS & BURGERS		Atlantic Prawns in Chef's Marie Rose Sauce 1, 2, 3, 4, 5, 6, 7, 11, 12, 13	£11.95
Rindless Back Bacon 1, 2, 3, 4, 5, 6, 7, 8	£9.75	Cornish Ham & Tomato 1, 2, 3, 4, 5, 6, 7,	£8.95
Rindless Back Bacon & Egg 1, 2, 3, 4, 5, 6, 7, 8	£10.50	Cornish Cheddar cheese & Pickle Or Red Onion 1, 2, 3, 4, 5, 6, 7, 8,	£8.95
Rindless Back Bacon & Mushrooms 1, 2, 3, 4, 5, 6, 7, 8	£10.50	All served on white or granary bread. Served with salad garnish & ready salted crisps. GF option available	
Button Meats Cornish Pork Sausages (3)	£10.50		
1, 2, 3, 4, 5, 6, 7		PLOUGHMANS	
Button Meats Cornish Pork Sausages (3) & Egg	£11.50	Cornish Davidstow Cheddar Cheese 1, 2, 3, 4, 5, 6, 7, 8,	£16.50
1, 2, 3, 4, 5, 6, 7 Button Meats Cornish Rump Steak (10-12oz) 1, 2, 3, 4, 5, 6, 7	£19.95	Cornish Davidstow Cheddar Cheese & Home-Cooked Ham 1, 2, 3, 4, 5, 6, 7, 8,	£17.95
10-12oz Home-made Beef Burger 1, 2, 3, 4, 5, 6, 7, 8,11	£11.95	Blue Stilton 1, 2, 3, 4, 5, 6, 7, 8,	£16.50
10–12oz Home-made Beef Burger & Cornish Cheddar Cheese	£12.95	Home-Cooked Cornish Ham 1, 2, 3, 4, 5, 6, 7, 8,	£16.50
1, 2, 3, 4, 5, 6, 7, 8, 11		Atlantic Prawns in Chef's Marie Rose Sauce	£17.95
Fresh Butterflied Chicken Breast	£13.95	1, 2, 3, 4, 5, 6, 7, 8, 11, 12, 13	
1, 2, 3, 4, 5, 6, 7, 8, 9 Served in a large floured white bap from Barnecutt's		Served with a large mixed salad, coleslaw, pickles & warm French bread & butter	











BAKED JACKET		POPULAR PLATTERS	
POTATOES		Button Meats Cornish Pork Sausages (3), 2 fried eggs & Choice of Potatoes 1, 2, 3, 8	£16.95
Home-Cooked Cornish Ham 2, 3	£15.95	Home-cooked Cornish Ham, 2 fried eggs & Choice of Potatoes	£16.95
Home-Cooked Cornish Ham & Cornish Cheddar Cheese 2, 3	£16.95	2, 3, 8 Large Atlantic Battered Cod Fillet (11-12oz)Mushy Peas & Choice of	£19.95
Baked Beans 2, 3	£11.95	Potatoes 1, 3, 7, 8, 10, 11, 12, 13	
Cornish Cheddar & Baked Beans 2, 3	£13.95	Whole Tail Scampi, Peas, Salad Garnish & Choice of Potatoes 1, 3, 8, 11, 12, 13	£18.95
Atlantic Prawns & Marie Rose Sauce 2, 3, 11, 12, 13	£16.95	Battered Chicken Chunks, Peas, Salad Garnish & Choice of Potatoes	£18.95
Plain with Butter 2, 3	£10.50	1, 3, 8, 11, 12, 13	
Served with a large mixed salad and home- made coleslaw		Cornish Gammon Steak (10-12oz), Peas, Choice of Potatoes and either 2 Fried Eggs Or 2 Pineapple Rings 2, 3, 8	£21.95
GRILLS & STEAKS		Grilled Chicken Breast, Peas & Choice of Potatoes 3, 8	£17.95
The Old Inn's Famous Moorland Grill 10-12oz Rump Steak, Chicken Breast, Sausage, Gammon, Pork Loin Chop, Tomatoes, Mushrooms, Peas, Onion Rings and Potato Choice	£44.95	All- Day Breakfast 2 Bacon, 2 Pork Sausages, Mushrooms, 2 Fried Eggs, Baked Beans, Hash Brown, Grilled Tomato, Toast & Butter 1, 2, 3, 4, 5, 6, 7, 8, 11, 12, 13	£16.95
1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13		Choice of Potatoes: Home-made Chips, New Potatoes, Jacket Potato or Home-made	
ALL OF OUR STEAKS ARE "BUTTON MEATS" 10-12oz & SERVED WITH MUSHROOMS,		Mash	
ONION RINGS, PES AND GRILLED TOMATO		SUNDAY CARVERY	
Cornish Rump Steak 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13		SMALL (One Meat)	£14.95
Cornish Sirloin Steak	£29.95	STANDARD (Two Meat)	£17.95
1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13	£33.95	LARGE (Three Meat)	£22.95
Cornish Rib-Eye Steak 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13		BEAST (Four Meat)	£29.95
Add one of our home-made steak sauces:	£34.95	Kid's Plate	£9.95
Creamy Peppercorn & Brandy		Vegetarian Option	£14.95
3, 4 Creamy Blue Stilton	£4.75	Vegetables Only	£11.95
3, 8	£4.75	Our Chef will carve from a choice of four freshly-cooked Cornish meats. Help yourself	

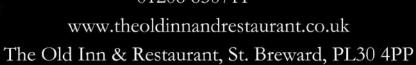
POPILIAR PLATTERS











to our freshly-cooked seasonal vegetables, roast potatoes, proper gravy, home-made Yorkshire pudding & accompaniments



KIDS/LIGHTER		SIDES	
MEALS		Freshly Steamed Seasonal Veg 1, 2, 3, 4, 5, 6, 7, 8, 9	£6.95
Pork Sausage & Chips	£10.50	Grilled Garlic Bread (3 slices) 1, 3, 4, 5, 6, 9	£4.25
Battered Fish & Chips 1, 3, 7, 8, 10, 11, 12, 13	£13.95	Cheesy Garlic Bread (3 slices) 1, 3, 4, 5, 6, 9	£5.50
Chicken Breast & Chips	£11.50	French Bread & Butter 1, 3, 4, 5, 6, 7, 8	£2.95
Pasta with Chef's Roasted Tomato & Basil Sauce with Garlic Bread 1, 2, 3, 4, 5, 6,	£9.50	Bread & Butter (2 slices) 1, 3, 4, 5, 6, 7, 8	£1.95
Ham, Egg & Chips	£10.50	Home-Made Chips 8	£5.95
Scampi & Chips 1, 8, 11, 12	£12.50	Home-Made Cheesy Chips 3, 8	£7.95
Chicken Nuggets & Chips 1, 8, 11, 12, 13	£10.50	Chip Shop Curry Sauce 1, 2, 3, 7, 8, 9, 10,11,12,13	£3.95
Kids Burger, Chips & Peas or Beans	£10.95	Irish Curry Sauce (Spicy) 1, 2, 3, 7, 9, 10, 11, 12, 13	£3.95
1, 2, 3, 4, 5, 6, 7, 8, 11 Cornish Rump Steak (6-8oz) Cooked to your liking with chips, Mushrooms & onion rings 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14	£19.95	Beer Battered Onion Rings 1, 11, 12, 13	£5.95
		Mixed Salad Bowl	£5.95
		Fried Onions	£3.00
ALL OF THE ABOVE COME WITH A CHOICE OF GARDEN PEAS OR BAKED BEANS AS WELL AS CHIPS. IF YOU WOULD LIKE ANOTHER POTATO CHOICE PLEASE ASK		Mushrooms 3	£4.75
		Beans or Peas	£3.00
HOT BEVERAGES		Gravy	£2.50
		Coleslaw	£3.95
Fresh Ground Coffee Bean to Cup	£3.50	2	
Espresso	£3.25	KIDS DESSERTS	
Cappuccino 3	£4.25	Vanilla, Strawberry, Chocolate Ice Cream Or a Medley of All 3	£5.95
Instant Decaffeinated	£2.95	Vanilla 3 Strawberry 3	
Latte 3	£4.25	Chocolate 3, 7	£5.95
	£10.50	Chocolate Brownie 1, 2, 3, 4, 5, 7	
Liqueur Coffees			£5.95
Selection of Twinning's Teas (Please Ask For Flavours)	£2.95	Chocolate Fudge Cake 1, 2, 3, 4, 5, 7	
Mug of Hot Chocolate	£4.50	SOME OF OUR SPECIALS DESSERTS AVAILABLE IN A SMALLER PORTION PLEASE ASK FOR MORE	

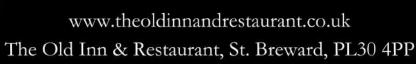








INFORMATION





ALLERGEN KEY

- 1 GLUTEN
- 2 EGGS
- 3 MILK
- 4 TREE NUTS
- 5 PEANUTS
- 6 SESAME
- 7 SOYA
- 8 SULPHATES
- 9 CELERY
- 10 MUSTARD
- 11 FISH
- 12 CRUSTACEANS
- 13 MOLLUSCS
- 14 LUPIN

OUR SUPPLIERS

BUTTON MEATS

CELTIC FISH & GAME ST IVES

CONTINENTAL FRUIT & VEG

MALCOLM BARNECUTTS'S BAPS

OUR LOVELY POTATOES ARE GROWN BY R & SA NUTE IN TINTAGEL

Cornish born and bred, landlord Darren Wills has been leading his friendly, professional team for over 25 years and welcomes everyone looking for delicious local food and a well-stocked bar. Situated in St. Breward, high on Bodmin Moor, the pub has been a favoured resting place for travellers for many years. Dating back to the 11th Century, it originally provided shelter for the monks who built the neighbouring church.

In more recent times, workers from the local granite quarries have gathered here after a day's hard work cutting granite for famous landmarks such as the Eddystone Lighthouse, Tower Bridge and the Diana Memorial Fountain.

The warm, friendly Cornish welcome remains, and visitors will be made to feel at home in the comfortable cosy bars with their roaring log fires and sloping beamed ceilings.







PLEASE LEAVE A REVIEW!

We hope you've had a fantastic time at The Old Inn & Restaurant, and we'd love to hear your feedback. Please scan either of the codes below to leave us a review.



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We'd love for you to stay in touch, so to keep up to date with exciting events and new offers, scan our codes below.



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Website







01208 850711

www.theoldinnandrestaurant.co.uk
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