



THE OLD INN

& RESTAURANT

BAPS

Rindless Back Bacon 8.95

1, 2, 3, 4, 5, 6, 7, 8

Rindless Back Bacon & Egg 9.95

1, 2, 3, 4, 5, 6, 7, 8

Rindless Back Bacon & Mushrooms 9.95

1, 2, 3, 4, 5, 6, 7, 8

**Button Meats Cornish Pork Sausages (3)
9.95**

1, 2, 3, 4, 5, 6, 7

**Button Meats Cornish Pork Sausages (3)
& Egg 10.95**

1, 2, 3, 4, 5, 6, 7

**Button Meats Cornish Rump Steak (10-
12oz) 17.95**

1, 2, 3, 4, 5, 6, 7

10-12oz Home-made Beef Burger 10.95

1, 2, 3, 4, 5, 6, 7, 8, 11

**10-12oz Home-made Beef Burger
& Cornish Cheddar Cheese 11.95**

1, 2, 3, 4, 5, 6, 7, 8, 11

Fresh Butterflied Chicken Breast 12.95

1, 2, 3, 4, 5, 6, 7

SANDWICHES

Rindless Back Bacon & Brie 8.95

1, 2, 3, 4, 5, 6, 7, 8

**Atlantic Prawns in Chef's Marie Rose
Sauce 10.95**

1, 2, 3, 4, 5, 6, 7, 11, 12, 13

Cornish Ham & Tomato 7.95

1, 2, 3, 4, 5, 6, 7

**Cornish Cheddar Cheese & Pickle
OR Red Onion 7.95**

1, 2, 3, 4, 5, 6, 7, 8

*All served on white or granary bread. Served with salad
garnish & ready salted crisps. **Gluten-free option available***

PLOUGHMANS

Cornish Davidstow Cheddar Cheese 15.50

1, 2, 3, 4, 5, 6, 7, 8

**Cornish Davidstow Cheddar Cheese &
Home-Cooked Ham 16.95**

1, 2, 3, 4, 5, 6, 7, 8

Blue Stilton 15.50

1, 2, 3, 4, 5, 6, 7, 8

Home-Cooked Cornish Ham 15.50

1, 2, 3, 4, 5, 6, 7, 8

**Atlantic Prawns & Chef's Marie
Rose Sauce 16.95**

1, 2, 3, 4, 5, 6, 7, 8, 11, 12, 13

*Served with a large mixed salad, coleslaw, pickles and
warm French bread & butter*

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FOOD SERVING TIMES: MONDAY - FRIDAY 11:30AM - 2:30PM / 6PM - 9PM

WEEKENDS & BANK HOLIDAYS FOOD ALL DAY

BAKED JACKET POTATOES

Home-Cooked Cornish Ham 14.95

2, 3

**Home-Cooked Cornish Ham &
Cornish Cheddar Cheese 15.95**

2, 3

Baked Beans 10.95

2, 3

Cornish Cheddar & Baked Beans 12.95

2, 3

**Atlantic Prawns & Marie Rose Sauce
15.95**

2, 3, 11, 12, 13

Plain with Butter 9.50

2, 3

Served with a large mixed salad and home-made coleslaw

GRILLS & STEAKS

**The Old Inn Famous Moorland Grill
10-12oz Rump Steak, Chicken Breast,
Sausage, Gammon, Pork Loin Chop,
Tomatoes, Mushrooms, Peas, Onion
Rings and Potato Choice 34.95**

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13

**ALL OF OUR STEAKS ARE
"BUTTON MEATS" 10-12oz & SERVED
WITH MUSHROOMS, ONION RINGS, PEAS
& GRILLED TOMATO**

Cornish Rump Steak (10-12oz) 24.95

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13

Cornish Sirloin Steak (10-12oz) 27.95

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13

Cornish Rib-Eye Steak 28.95

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13

Add one of our home-made steak sauces

Creamy Peppercorn & Brandy 4.75

3, 4

Creamy Blue Stilton 4.75

3, 8

POPULAR PLATTERS

**Button Meats Cornish Pork Sausages
(3), two fried eggs, potato choice 15.95**

1, 2, 3, 8

**Home-Cooked Cornish Ham, two fried
eggs & Choice of Potatoes 15.95**

2, 3, 8

**Large Atlantic Battered Cod Fillet (11-
12oz) Mushy Peas & Choice of Potatoes
17.95**

1, 3, 7, 8, 10, 11, 12, 13

**Whitby Whole Tail Scampi, Peas, Salad
Garnish & a Choice of Potatoes 17.95**

1, 3, 8, 11, 12, 13

**Premium Battered Chicken Chunks,
Peas, Salad Garnish & Potato Choice
17.95**

1, 3, 8, 11, 12, 13

**Cornish Gammon Steak (10-12oz), Peas,
Choice of Potatoes and either two Fried
Eggs or two Pineapple Rings 19.95**

2, 3, 8

**Grilled Chicken Breast, Peas & Choice
of Potatoes 15.95**

3, 8

All-Day Breakfast

**2 Bacon, 2 Pork Sausage, Mushrooms, 2
Fried Egg, Baked Beans, Hash Brown,
Grilled Tomato, Toast & Butter 15.95**

1, 2, 3, 4, 5, 6, 7, 8, 11, 12, 13

**Choice of Potatoes: Home-made Chips, New
Potatoes, Jacket Potato or Home-Made Mash**

SUNDAY CARVERY

SMALL (One Meat) 14.95

STANDARD (Two Meat) 17.95

LARGE (Three Meat) 22.95

BEAST (Four Meat) 29.95

Kid's Plate 9.95

Vegetarian Option 14.95

Vegetables Only 11.95

*Our chef will carve from a choice of four freshly-cooked
Cornish meats. Help yourself to our freshly-cooked
seasonal vegetables, roast potatoes, proper gravy, home-
made Yorkshire pudding & accompaniments*

KIDS / LIGHTER MEALS

Pork Sausages & Chips 9.95
1, 8

Battered Fish & Chips 12.95
1, 3, 7, 8, 10, 11, 12, 13

Chicken Breast & Chips 10.95
8

**Pasta with Chef's Roasted Tomato and
Basil Sauce with Garlic Bread 8.95**
1, 2, 3, 4, 5, 6

Ham, Egg & Chips 9.95
2, 8

Scampi & Chips 11.50
1, 8, 11, 12

Chicken Nuggets & Chips 10.50
1, 8, 11, 12, 13

Cornish Rump Steak (6-8oz) 17.95
*Cooked to your liking with chips,
mushrooms and onion rings*
1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14

**Kids Burger, Chips and Peas or Beans
10.95**
1, 2, 3, 4, 5, 6, 7, 8, 11

**ALL OF THE ABOVE COME WITH A
CHOICE OF GARDEN PEAS OR BAKED
BEANS, AS WELL AS CHIPS**

**IF YOU WOULD LIKE ANOTHER
POTATO CHOICE, PLEASE ASK**

SIDES

Freshly Steamed Seasonal Veg 5.50

Grilled Garlic Bread (3 Slices) 3.95
1, 3, 4, 5, 6, 9

Cheesy Garlic Bread (3 Slices) 4.95
1, 3, 4, 5, 6, 9

French Bread & Butter 2.50
1, 3, 4, 5, 6, 7, 8

Bread & Butter (2 Slices) 1.95
1, 3, 4, 5, 6, 7, 8

Home-Made Chips 5.50
8

Home-Made Cheesy Chips 6.95
3, 8

Chip Shop Curry Sauce 3.95
1, 2, 3, 7, 8, 9, 10, 11, 12, 13

Irish Curry Sauce (Spicy) 3.95
1, 2, 3, 7, 9, 10, 11, 12, 13

Onion Rings 5.50
1, 11, 12, 13

Mixed Salad Bowl 5.50
2

Fried Onions 2.95

Mushrooms 4.50
3

Beans or Peas 2.75

Gravy 1.95

Coleslaw 3.50
2

OUR SUPPLIERS

*Button Meats, Michaelstow, Celtic Fish & Game, St. Ives, Continental
Fruit & Veg. Malcolm Barnecutt's baps.*

Our lovely potatoes are grown by R & S A Nute, Tintagel

FOOD ALLERGENS KEY

1-Gluten 2-Egg 3-Milk 4-Tree Nuts 5-Peanuts 6-Sesame 7-Soya 8-Sulphates
9-Celery 10-Mustard 11-Fish 12-Crustaceans 13-Molluscs 14-Lupin

HOT BEVERAGES

Fresh Ground Coffee Bean to Cup 2.95

Espresso 3.00

Cappuccino 3.95

3

Instant Decaffeinated 2.75

Latte 3.95

3

Liquer Coffees 8.75

Selection of Twinings Teas (Please Ask
for Flavours) 2.75

2

Mug of Hot Chocolate 3.95

3

KIDS DESSERTS

Vanilla, Strawberry, Chocolate or a
medley of all three 5.50

Vanilla 3

Strawberry 3

Chocolate 3, 7

Chocolate Brownie 5.50

1, 2, 3, 4, 5, 7

Chocolate Fudge Cake 5.50

1, 2, 3, 4, 5, 7

**SOME OF OUR SPECIALS DESSERTS
ARE AVAILABLE IN SMALLER SIZES
ALSO. PLEASE ASK FOR MORE
INFORMATION**

PLEASE SEE OUR SPECIALS BOARDS FOR STARTERS,
MAINS, AND DESSERTS