



THE OLD INN

& RESTAURANT

BAPS

Rindless Back Bacon £7.50

1, 2, 3, 4, 5, 6, 7, 8

Rindless Back Bacon & Egg £8.50

1, 2, 3, 4, 5, 6, 7, 8

Rindless Back Bacon & Mushrooms 8.50

1, 2, 3, 4, 5, 6, 7, 8

Button Meats Cornish Pork Sausages 8.50

1, 2, 3, 4, 5, 6, 7

**Button Meats Cornish Pork Sausages
& Egg 9.50**

1, 2, 3, 4, 5, 6, 7

Cornish Rump Steak (8-10oz) £16.95

1, 2, 3, 4, 5, 6, 7

8-10oz Home-made Beef Burger 10.50

1, 2, 3, 4, 5, 6, 7, 8, 11

**8-10oz Home-made Beef Burger
& Cornish Cheddar Cheese 11.95**

1, 2, 3, 4, 5, 6, 7, 8, 11

Fresh Butterflied Chicken Breast 11.95

1, 2, 3, 4, 5, 6, 7

SANDWICHES

Rindless Back Bacon & Brie 8.95

1, 2, 3, 4, 5, 6, 7, 8

**Atlantic Prawns in Chef's Marie Rose
Sauce 10.95**

1, 2, 3, 4, 5, 6, 7, 11, 12, 13

Cornish Ham & Tomato 6.95

1, 2, 3, 4, 5, 6, 7

**Cornish Cheddar Cheese & Pickle
OR Red Onion 6.95**

1, 2, 3, 4, 5, 6, 7, 8

*All served on white or granary bread. Served with salad
garnish & ready salted crisps. **Gluten-free option available***

PLOUGHMANS

Cornish Davidstow Cheddar Cheese 14.50

1, 2, 3, 4, 5, 6, 7, 8

**Cornish Davidstow Cheddar Cheese &
Home-Cooked Ham 15.95**

1, 2, 3, 4, 5, 6, 7, 8

Blue Stilton 14.50

1, 2, 3, 4, 5, 6, 7, 8

Home-Cooked Cornish Ham 14.50

1, 2, 3, 4, 5, 6, 7, 8

**Atlantic Prawns & Chef's Marie
Rose Sauce 15.95**

1, 2, 3, 4, 5, 6, 7, 8, 11, 12, 13

*Served with a large mixed salad, coleslaw, pickles and
warm French bread & butter*

WWW.THEOLDINNANDRESTAURANT.CO.UK

FOOD SERVING TIMES:

MONDAY - FRIDAY 11:30AM - 2:30PM / 5PM - 9PM

WEEKENDS & BANK HOLIDAYS FOOD ALL DAY



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BAKED JACKET POTATOES

Home-Cooked Cornish Ham 14.95

2, 3

**Home-Cooked Cornish Ham &
Cornish Cheddar Cheese 15.95**

2, 3

Baked Beans 10.95

2, 3

Cornish Cheddar & Baked Beans 12.95

2, 3

**Atlantic Prawns & Marie Rose Sauce
15.95**

2, 3, 11, 12, 13

Plain with Butter 9.50

2, 3

Served with a large mixed salad and home-made coleslaw

SUNDAY CARVERY

One Meat Carvery 13.95

Two Meat Carvery 15.95

Four Meat Carvery 24.95

Child's Small Roast 8.95

*Our chef will carve from a choice of four freshly-cooked
Cornish meats. Help yourself to our freshly-cooked
seasonal vegetables, roast potatoes, proper gravy, home-
made Yorkshire pudding & accompaniments*

POPULAR PLATTERS

**Button Meats Cornish Pork Sausages
(3), two fried eggs, potato choice 14.95**

1, 2, 3, 8

**Home-Cooked Cornish Ham, two fried
eggs & Choice of Potatoes 14.95**

2, 3, 8

**Large Atlantic Battered Cod Fillet,
Mushy Peas & Choice of Potatoes 16.95**

1, 3, 7, 8, 10, 11, 12, 13

**Whole Tail Scampi, Peas, Salad Garnish
& a Choice of Potatoes 17.95**

1, 3, 8, 11, 12, 13

**Battered Chicken Chunks, Peas, Salad
Garnish & Potato Choice 16.95**

1, 3, 8, 11, 12, 13

**Cornish Gammon Steak (10-12oz), Peas,
Choice of Potatoes and either two Fried
Eggs or two Pineapple Rings 19.95**

2, 3, 8

**Grilled Chicken Breast, Peas & Choice of
Potatoes 15.95**

3, 8

All-Day Breakfast

**2 Bacon, 2 Pork Sausage, Mushrooms, 2
Fried Egg, Baked Beans, Hash Brown,
Grilled Tomato, Toast & Butter 14.95**

1, 2, 3, 4, 5, 6, 7, 8, 11, 12, 13

**Choice of Potatoes: Home-made Chips, New
Potatoes, Jacket Potato or Home-Made Mash**

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GRILLS & STEAKS

The Old Inn Famous Moorland Grill
29.95

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13

**ALL OF OUR STEAKS ARE
"BUTTON MEATS" 8-10oz & SERVED WITH
MUSHROOMS, ONION RINGS, PEAS &
GRILLED TOMATO**

Cornish Rump Steak 22.95

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13

Cornish Sirloin Steak 24.95

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13

Cornish Rib-Eye Steak 26.95

1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13

Add one of our home-made steak sauces

Creamy Peppercorn & Brandy 4.75

3, 4

Creamy Blue Stilton 4.75

3, 8

OUR SUPPLIERS

*Button Meats, Michaelstow, Celtic Fish & Game, St. Ives,
Continental Fruit & Veg. Our lovely potatoes are grown by
R & S A Nute, Tintagel*

FOOD ALLERGENS KEY

1-Gluten 2-Egg 3-Milk 4-Tree Nuts
5-Peanuts 6-Sesame 7-Soya 8-Sulphates
9-Celery 10-Mustard 11-Fish
12-Crustaceans 13-Molluscs 14-Lupin

SIDES

Freshly Steamed Seasonal Veg 4.95

Grilled Garlic Bread (3 Slices) 3.95

1, 3, 4, 5, 6, 9

Cheesy Garlic Bread (3 Slices) 4.50

1, 3, 4, 5, 6, 9

French Bread & Butter 2.50

1, 3, 4, 5, 6, 7, 8

Bread & Butter (2 Slices) 1.95

1, 3, 4, 5, 6, 7, 8

Home-Made Chips 5.50

8

Home-Made Cheesy Chips 6.95

3, 8

Chip Shop Curry Sauce 3.95

1, 2, 3, 7, 8, 9, 10, 11, 12, 13

Irish Curry Sauce (Spicy) 3.95

1, 2, 3, 7, 9, 10, 11, 12, 13

Onion Rings 5.50

1, 11, 12, 13

Mixed Salad Bowl 5.50

2

Fried Onions 2.95

Mushrooms 3.95

3

Beans or Peas 2.75

Gravy 1.95

Coleslaw 2.95

2

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SMALLER APPETITES

Pork Sausages & Chips 8.95
1, 8

Battered Fish & Chips 11.95
1, 3, 7, 8, 10, 11, 12, 13

Chicken Breast & Chips 9.95
8

**Pasta with Chef's Roasted Tomato and
Basil Sauce with Garlic Bread 8.95**
1, 2, 3, 4, 5, 6

Ham, Egg & Chips 8.95
2, 8

Scampi & Chips 10.50
1, 8, 11, 12

Chicken Nuggets & Chips 9.95
1, 8, 11, 12, 13

Cornish Rump Steak (6-8oz) 17.95
*Cooked to your liking with chips,
mushrooms and onion rings*
1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14

**ALL OF THE ABOVE COME WITH A
CHOICE OF GARDEN PEAS OR BAKED
BEANS, AS WELL AS CHIPS**

**IF YOU WOULD LIKE ANOTHER
POTATO CHOICE, PLEASE ASK**

DESSERTS

**Vanilla, Strawberry, Chocolate or a
medley of all three 5.50**

*Vanilla 3
Strawberry 3
Chocolate 3, 7*

Chocolate Brownie 5.50
1, 2, 3, 4, 5, 7

Chocolate Fudge Cake 5.50
1, 2, 3, 4, 5, 7

**SOME OF OUR SPECIALS DESSERTS
ARE AVAILABLE IN SMALLER SIZES
ALSO. PLEASE ASK FOR MORE
INFORMATION**

HOT BEVERAGES

Fresh Ground Coffee Bean to Cup 2.95

Espresso 3.00

Cappuccino 3.95
3

Instant Decaffeinated 2.75

Latte 3.95
3

Liquor Coffees 8.75

**Selection of Twinings Teas (Please Ask
for Flavours) 2.75**
2

Mug of Hot Chocolate 3.95
3

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WE SERVE PANINI BETWEEN 11:30AM - 6:00PM EVERY DAY